



Frosty Frog Creamery & Café's

# Hickory Flat Times

The **OFFICIAL NEWSLETTER** of the Frosty Frog Creamery & Café V.I.P. Club

[www.frostyfrogcreamery.com](http://www.frostyfrogcreamery.com)

Volume 5, Issue 5 – May 2011

## Welcome!

to Frosty Frog Creamery & Café's **Royalty Rewards V.I.P. Club** and the ***Hickory Flat Times Newsletter!***

**Happy Mother's Day!** Mother's Day this year will be celebrated on May 8<sup>th</sup>; this date has been set aside as a day that we honor our mothers. These wonderful women are the nurturers in our lives that take on many roles. From family medic, to therapist, to healer of broken hearts, to the 'go to' person for every issue or problem that we have... mom's not only come with extraordinary energy but it is that unconditional love that the rest of us admire so very much. Take time out this month and have a long talk with your mom. Whether it's writing her a letter, a phone call, an email, a hug in person, or in the event she has passed on, a prayer thanking God for her. Thank her for all that she has done for you and what she means to you...and most importantly, remember to tell her that you love her.

This month we also honor the current and former members of the **Armed Services** that protect and serve our country. If you are serving or have served in the military, we at Frosty Frog Creamery & Café want to say **THANK YOU for your service!** We understand that the freedom we enjoy in the United States has been won on the field of battle, and as long as we have men and women willing to place themselves in harms way that freedom will be preserved. May God bless and protect our service men and women.

Soon, we will have a new neighbor in the shopping center, **LaVida Massage**. We are partnering with them this month to give away FIVE massages for our guests who are Moms. We will be drawing for these gifts on May 31! Be sure you register for your chance to win one for your Mom, wife, or yourself!

**THANK YOU** for another year! On May 11<sup>th</sup> we will be celebrating our 9<sup>th</sup> birthday at Frosty Frog Creamery & Café. We look forward to serving you for many years to come!

As always, we want to know what **YOU** our wonderful guests and friends have to say about everything that we do...If you have comments you can tell us directly, email us: [frostyfrog@frostyfrogcreamery.com](mailto:frostyfrog@frostyfrogcreamery.com), or go to our website, and enter your comment in the 'Frog Blog'; or respond to our Royalty Rewards surveys. Thank you for allowing us to serve YOU!

Frank & Glenda Cole



## It's our 9<sup>th</sup> birthday!

To celebrate our birthday this year, we are conducting a **FOOD DRIVE** for the disadvantaged in Cherokee County. We are asking you to help with a donation of canned or boxed food (non perishable) that we can deliver to **MUST Ministries** in Canton. This and other charitable organizations are feeding the hungry the year round, and often do not receive donations outside of the fall holiday season. Place your donation in the collection bin located in our dining room.

Thank you for your giving spirit and your gift, it will benefit those in need!



## Give Your Mom a ONE HOUR MASSAGE at LaVIDA Massage!

**Enter to win** your mother (wife, etc.) in Frosty Frog Creamery & Café's and **LaVida Massage's** Mother's Month Drawing. We will give you a **FREE** ticket for the drawing every time you dine with us during May! The more times you visit us the more chances you will have to win! **FIVE Winners to be drawn!**

Tickets must be turned in before May 30<sup>th</sup>. Drawing will be held on May 31<sup>st</sup>  
(NO purchase necessary to win)

## Thanks for the kind words!

"Ordered a Strawberry Cake for Easter Sunday and it was AMAZING! Also, chicken salad was great too!!!!" - **Robin Vanderlip**

"The food and service is always great. The cheese and crackers set you apart from other restaurants." - **Susan Baxter**

"My 92 year old mother from Colorado visited Frosty Frog when it first opened. She loved it so much that she sends my kids money for different occasions and tells them it is for them to go get ice cream at Frosty Frog. It's a great place for family and friends to get together and enjoy great food!!!" - **Lori Budwitz**



Join Our Royalty Rewards program and **SAVE every time** you visit!

**Frosty Frog Creamery & Café**

6205 Hickory Flat Highway Suite 112 – Canton, GA 30115 – 770-704-9333

**"Always a Generous Portion – Always Delicious Taste!"**



Around Town  
Canton Magazine

# ARMED FORCES DAY Fund Raiser



On **SATURDAY MAY 21<sup>st</sup>** Frosty Frog Creamery & Café will host a **FUND RAISER** to supply troops stationed in war zones with 'nutritional care package' items. On hand will be several vendors displaying and selling their wares. A portion of their proceeds goes toward this worthwhile effort. Make plans now to attend! Nutritional and comfort items from home make their days away a little more pleasant. Join us for this event!

**You could be the Winner of a  
FREE Dinner!  
WHERE IN THE WORLD?**



The first 5 people to **BRING IN THIS NEWSLETTER** and tell us the correct answer to **SPECIFICALLY WHAT** and **WHERE** this is you win a FREE dinner on us, valued to \$7.99

Answer: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone NO: \_\_\_\_\_



**Congratulations to last month winners!** They knew it was the NAUTILIS HOUSE in Mexico City! Lori Budwitz, Canton; Glenda Bline, Woodstock; Casey Childers, Canton; and, Barb Sarkady, Woodstock

# Memorial Day

Each year on Memorial Day, the strains of "Taps," a haunting melody first heard in 1862, echo throughout the nation. According to officials at Arlington National Cemetery, "Taps" was composed by Civil War Brigadier General Daniel Butterfield of the Army of the Potomac, who disliked the "extinguish lights" tune used at the time. He summoned his bugler, Private Oliver Wilcox Norton, and whistled a new tune. After some work by both men, it was used for the first time that night. Buglers from nearby brigades copied the melody, and eventually it became the new lights-out call for the entire Army of the Potomac. In 1863 it was adopted by all of the Union Army and is now used by the Army, the National Guard, and veteran's organizations to signal the end of day and, at military funerals, to say goodbye to a fallen comrade.

*We have the Perfect  
Mother's Day Gift!*



Frosty Frog Creamery & Café's personalized gift certificates raced out of the door in December but we want you to remember that they are **available all year long** for any occasion.

The perfect gift for anyone, like say...your Mom, your Mother in Law, your kid's Mom... they can be used for lunch, dinner, takeout and delivery, coffee, desserts or anything else that we offer. Call 770-704-9333 and we will personalize any denomination for your special Mom (or pick one up at the register the next time that you are here!)

"Friendship... is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

**Muhammad Ali**

## MAY NEWSLETTER READER COUPON



# Free Medium Sized Drink

**\$1.99  
Value**

With the purchase of any meal priced at \$7.49 or higher.

Limit one coupon per meal per visit

Offer EXPIRES May 31, 2011 – Cannot be used in conjunction with any other offer or coupon.



Platinum Plate Award  
'08, '09, '10

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Around Town  
Canton Magazine

## A Simple Salsa Recipe



For a delicious and healthy salsa, try this recipe:

- 2 large ripe tomatoes ~ chopped
- 1/2 cup mild or sweet onion ~ chopped
- 1/4 cup fresh cilantro ~ chopped
- 1 tablespoon fresh lime juice

(If you like it hot, add finely chopped Jalapeno peppers - to taste. Be careful though, others will want to share! Wear gloves as these guys can burn your hands!)

Combine these four (or five) ingredients in a bowl and let sit for five minutes or longer to allow the flavors to marinate.

## Play some music...

**it's good for you!**

Music may have charms to soothe a savage beast, as William Congreve wrote, but can it make us healthier? Maybe, but don't cue the orchestra just yet.

Health.com reports that Dr. Michael Miller, a professor of medicine and director of the Center for Preventive Cardiology at the University of Maryland Medical Center in Baltimore, has observed that listening to "joyful" music can improve a person's blood flow, which may promote vascular health.

Music can also trigger endorphins (or similar compounds) within the brain to release nitric oxide, which makes blood vessels dilate, reduces inflammation, stops platelets from sticking, and may lower cholesterol.

Music is also known to relieve stress, which generally results in better health overall.

## Armed Forces Day – May 17<sup>th</sup> Memorial Day – May 26<sup>th</sup>

Remember those who are currently serving our country and those who gave their lives to protect and preserve our way of life.



Become a FAN of Frosty Frog Creamery & Café on

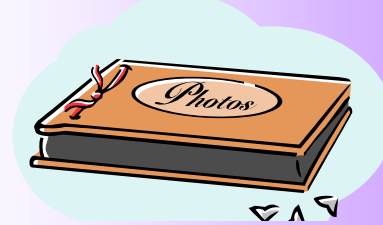


Follow Frosty Frog Creamery & Café on  
(froghickoryflat)



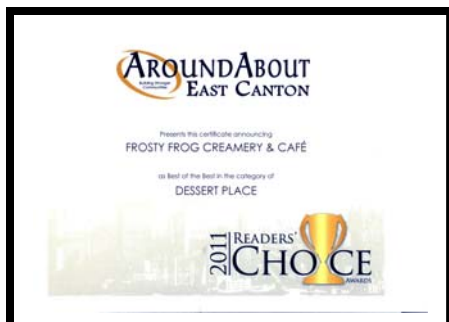
## Preserving Memories

According to Wayland, MA, Police and Fire Departments, photo albums are the number one possession that people regret losing in a flood or fire. They recommend putting photo negatives or CDs in a watertight envelope and placing it in a fireproof box.



# THANKS!

Frosty Frog Creamery & Café has  
been selected for Awards!!



Recently **Around About Canton Magazines** conducted their annual 'Best Of' contest, and their readers voted for Frosty Frog Creamery & Café as the **"BEST DESSERTS PLACE"** in Canton GA for 2011



## A Hole in One!

For golfers, getting a hole in one is one of the highest achievements of the game. The National Hole in One Association estimates that the typical amateur golfer (on a par three hole) hits a hole in one once every 12,750 shots. The best amateurs ace one every 7,500 shots. Professional golfers hit a hole in one about once every 3,750 shots! **Good luck this season!**



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Laughter is the  
**BEST** Medicine

## THE FARMER AND THE PIG

A farmer and his pig were driving down the road when a cop pulled him over. The cop asked the farmer, "Didn't you know it is against the law to ride with a pig in the front of your truck?"

The farmer replied, "No sir, I didn't know that."

The cop asked the farmer where he was going and he said, "To Memphis".








The cop said, "I will let you off the hook this time if you promise to take the pig to the zoo when you get to Memphis." So the farmer promised he would.

Several days later the cop spotted the farmer with the pig driving down the road and he pulled him over again. The cop said, "I thought I told you to take this pig to the zoo when you got to Memphis."

The farmer replied, "I did and we had so much fun, I'm taking him to Six Flags now!"



## May Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 CINCO DE MAYO 	6	7
8 MOTHER'S DAY 	9	10	11 Frosty Frog Creamery & Café opened for business in 2002	12	13 Frog Jumping Day 	14
15	16 First US Nickel was minted in 1866, called the "Shield Nickel"	17	18	19	20	21 Armed Forces Day 
22	23 Benjamin Franklin invented bifocals in 1785 	24	25	26	27	28
29 JFK was born in 1917 	30 MEMORIAL DAY 	31				



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