



Frosty Frog Creamery & Café's

Hickory Flat Times

The **OFFICIAL NEWSLETTER** of the Frosty Frog Creamery & Café V.I.P. Club

www.FrostyFrogCreamery.com

Volume 6, Issue 6 – June 2012

Welcome!

to Frosty Frog Creamery & Café's **Royalty Rewards V.I.P. Club** and the ***Hickory Flat Times Newsletter!***

June is bustin' out all over! School is out for the summer, graduations have been attended, the days have gotten longer, vacation time has begun, and everyone is looking for fun things to do in the evenings and on weekends. Frosty Frog Creamery & Café is working to provide you with as much fun in June as possible! Watch for the unadvertised specials in the restaurant! Check you email daily for newsbites and specials from Frosty Frog Creamery & Café!

Christmas in July begins June 4th! Our famous 'scratch-off' certificates for discounts and prizes will be given to everyone making a purchase every day in June. But **DON'T SCRATCH** the silver dot off now! You have to wait until you return to visit us in **JULY** – we will then scratch off the silver dot together after you place your order – everything from a 10% discount to **FREE FOOD** to **\$\$\$** in Gift certificates will be given away!

Great Prizes!



Discounts & More!

Five members of our staff **GRADUATED** from High School this year, and we want to *congratulate* them and wish them the best as they go off to college in the fall. We are proud of the fact that all five will be furthering their education! **Ashley Stull**, Sequoyah HS will be attending Central Florida University ; **Suraya Morrison**, Cherokee HS will be attending Kennesaw State University ; **Emily Cobb**, Sequoyah HS will be attending Dalton State College ; **Alexis Cargle**, Creek View HS will be attending Kennesaw State University ; and **Emily Wauford**, Home Schooled, will be attending Chattahoochee Technical College.

Frank & Glenda Cole

Christmas in July!

Begins June 4th at Frosty Frog Creamery & Café!

During the month of June we will be distributing **GREEN** Scratch-off certificates that cannot be scratched until the month of July by a member of my guest services team to determine the discount **YOU** will receive on **EVERYTHING** that you purchase on that visit!

Every Discount gift can be one of the Following Gifts:
\$50.00 in Frosty Frog Creamery & Café Gift Certificates – (2 Gifts); **Cancel MY Check** – (10 Gifts); **25% OFF MY Check** – (15 gifts); **15% OFF MY Check** (minimum of 50 Gifts); and **10% OFF MY Check** – (All others)

Dine with us during June and Receive a Gift in July!

~ W A N T E D ~

EXPIRED AND OLD
COUPONS, AND GIFT
CERTIFICATES

~ R E W A R D ~

Full Face Value of the Expired
Document Applied to YOUR
Purchase!

**This AMNESTY is available to be paid
beginning June 10th and ends June 16th
Be sure to claim your share of the Reward!**



Join Our Royalty Rewards program and **SAVE every time** you visit!

Frosty Frog Creamery & Café

6205 Hickory Flat Highway Suite 112 – Canton, GA 30115 – 770-704-9333

"Always a Generous Portion – Always Delicious Taste!"



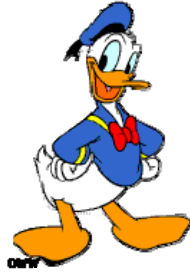
Around Town
Canton Magazine

Father's Day, June 17

The Benefits of Walking on Sand
If you're heading for the beach this summer, you can improve your fitness and build up your calf muscles by taking a walk. A Belgian study found that walking on dry sand requires 2.1 to 2.7 times more exertion than walking on a hard surface. According to the Kerlan-Jobe Orthopaedic Clinic in Los Angeles, walking on sand requires extra effort to position and roll the foot, leading to better coordination and more muscle mass.

Donald Duck Fun Facts:

Many of us are familiar with the Walt Disney cartoon character Donald Duck. One can always find Donald Duck wearing a sailor shirt, cap and a red or black bow tie. Donald is easily annoyed and he is widely known for his explosive temper. But did you know that Donald Duck celebrated his 75th year in film in 2009? There are many interesting facts about Donald Duck that most of us are probably not aware of. In honor of his birthday on June 9, 1934, we've put together the top 10 facts about one of our favorite Walt Disney characters, Donald Duck.



1. Donald Duck's voice is one of the most identifiable voices of all animated characters.
2. Donald Duck is the mascot of the University of Oregon.
3. Donald has a star on the Hollywood Boulevard Walk of Fame.
4. Donald has appeared in 7 animated features, this is more than any of his animated friends.
5. Donald's voice was performed by Clarence "Ducky" Nash up until 1983. Nash trained Tony Anselmo who was the voice of Donald from 1985 and onward.
6. Donald Duck supposedly represents what we are and Mickey Mouse represents what we should be.
7. Donald Duck's full name is Donald Fauntleroy Duck.
8. One of Donald's films titled "*Der Fuehrer's Face*" won an academy award in 1943.
9. Donald's first film was called "*The Wise Little Hen*" which debuted in 1934.
10. Throughout Donald's films he has been provided with 3 different birth dates:
 - a. June 9, 1934 – The debut of his first film.
 - b. "Friday the 13th" – Which is a reference to all the bad luck he comes across.
 - c. March 13 – His "Happy Birthday" short film

The first Father's Day was observed in 1910. It was the inspiration of Sonora Dodd, who hit on the idea while listening to a Mother's Day sermon the previous year. Her own mother had died in childbirth when Sonora was 16. She helped her father, William Smart – a Civil War veteran who had moved his family to a farm in Washington State – to raise the newborn, along with her four other brothers. Sonora had long held her father in high esteem, but it was not until she was an adult with her own family that she realized the hardships and sacrifices he had made as a single parent. Sonora approached the Spokane Ministerial Alliance with the idea of creating a day to honor fathers. She suggested that the observance take place on June 5th, her father's birthday, but the alliance chose to make it the third Sunday in June.

Today, Father's Day has become a day not only to honor fathers but also all men who serve as father figures, such as stepfathers, uncles, grandfathers, and male friends of the family.



Winners in the May Birthday Month Door Prize drawing Announced!

Congratulations to:

- Morgan Free, Canton, winner of a custom cake
- Ashley Stanbridge, Alabaster, AL, winner of a Bullfrog Sundae
- Scott Rothenberger, Canton, winner of Lunch
- Megan Eubanks, Canton, winner of Lunch
- Kim Dover, Canton, winner of Lunch
- Megan Dameron, Canton, winner of Lunch
- Tia DenKinger, Woodstock, winner of a Banana Split
- Malary Giamp. Canton, winner of a Banana Split
- Therese Brown, Woodstock, winner of a Banana Split
- Calvin Wood, Canton, winner of a Banana Split

June is Strawberry Month at Frosty Frog Creamery & Café!

15% OFF!

We will be featuring Strawberries all month!
Use this coupon for a 10% Discount on ANYTHING
Made with Strawberries during JUNE!

- Strawberry Cake • Strawberry Ice Cream • Strawberry Trifle
- Strawberry Parfait • Strawberry Lemonade • Strawberry Muffins
- Strawberry Pretzel Salad • (Strawberry) Summer Salad • And More!



Must Present COUPON; not Valid with other offers or discounts! Expires June 30, 2012



Platinum Plate Award
'08, '09, '10

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Exercise caution in the summer heat



As the warm days of summer set in, keep these safety tips in mind to avoid stressing your body as you work outdoors:

- 1. Perform your heaviest tasks during the morning.** If you have work that will require you to exert a lot of energy, it's best to do it in the cooler hours of the morning.
- 2. Build your tolerance.** It usually takes a good two weeks for your body to acclimate itself to working in the heat, so give yourself time to adjust to higher temps.
- 3. Use the buddy system.** That way you can keep an eye out and get help if needed.
- 4. Drink water.** Health experts say you should drink a small cup of water every 15 to 20 minutes when you're working in the heat to stay hydrated and cool.
- 5. Take breaks.** Give your body a chance to cool down by heading off to a cool area for a few minutes.
- 6. Eat lightly.** Avoid heavy or big meals before you have to work in the heat.
- 7. Skip the caffeine.** It makes your body lose water and increases your chances of heat illnesses.

How to Save Money on Your Next Summer Trip

Planning your vacation? Even if you're not staying in luxury hotels and renting limousines, you may feel like you need a bank loan (or a lottery win) to finance your trip. Here are some smart ideas for saving money and still having a really good time!



- **Research your destination thoroughly.** The internet, and a good guidebook, can help you find inexpensive hotels and restaurants. You may also discover free or inexpensive attractions, and find out whether museums, parks, and other attractions offer reduced admission on certain days.
- **Stay outside the city.** You're going to New York, but you don't have to sleep there. Often you'll find better hotel rates and cheaper restaurants a few miles outside the city limits.
- **Go to the grocery store.** Avoid the overpriced hotel gift shops for snacks and drinks. You should be able to find a local grocery store where you can buy cheaper, and healthier, supplies for your travels.
- **Drive efficiently.** Before an extended trip, check your engine oil, air filters, and other components that can affect your vehicle's performance. On the highway, keep your speed between 50 mph and 60 mph for the best fuel-efficiency. Don't use drive-through windows at fast-food restaurants; idling your car while waiting for your food wastes gas and pollutes the air.



Check us out on Facebook and Twitter.. Frosty Frog Creamery is connected!
(575+ FB fans and growing!)

Fly Old Glory with pride on Flag Day, June 14



President Woodrow Wilson proclaimed June 14th Flag Day in 1916, commemorating the adoption of the Stars and Stripes by the Second Continental Congress on that day in 1777.

The idea of setting aside a special day to celebrate the U.S. flag wasn't a new thought. One of the earliest observances of Flag Day occurred in Hartford, Conn., in 1861, at the suggestion of George Morris, to pray for the preservation of the Union at the beginning of the Civil War.

In 1885, a Wisconsin schoolteacher named Bernard J. Cigrand held a formal observance of what he called "Flag Birthday" at his school. Cigrand went on to become a passionate promoter of Flag Day, delivering more than 2,000 speeches on the subject, and is generally considered to be the "Father of Flag Day."

In 1914, Secretary of the Interior Franklin K. Lane delivered a Flag Day speech in which he said the flag had spoken to him that morning: "I am what you make me; nothing more. I swing before your eyes as a bright gleam of color, a symbol of yourself." In 1949, President Harry Truman signed an act of Congress formally establishing June 14th as National Flag Day.

"A man's character may be learned from the adjectives which he habitually uses in conversation."

Mark Twain

Having a Party? Or a Meeting?
Do you need a place for your event?

WE CAN HELP!

Our special events room is available to rent for parties, meetings, showers, etc.

Frosty Frog Creamery can meet your catering needs for your event from cake and ice cream to meals, coffee, desserts...you name it...we can and want to help!

Talk to us today about your upcoming event!



Having an Outside Party, Shower, or Meeting?

We can cater your needs at YOUR Location including food, ice cream, cake, desserts...we can bring it to you!

Our mobile 'ice cream shop' ready to serve at Reinhardt University, Falany Center, for the School of Business Ice Cream Social



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Laughter is the
BEST Medicine



I love to mess with their minds!

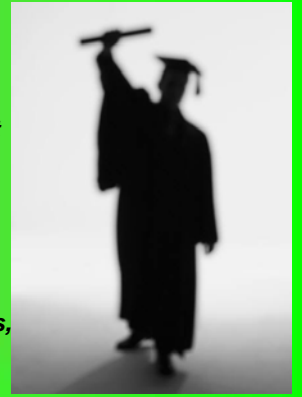
ARE YOU KIDDING?

Reaching the end of a job interview, a Human Resources Office asked a young Engineer fresh out of MIT, "And what starting salary were you looking for?"




The Engineer replies, "In the region of \$125,000 a year depending on the benefits package."

The interviewer inquires, "Well, what would you say to a package consisting of 5 week vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every 2 years, say...a red Corvette?"

The engineer sits up straight and says, "WOW! Are you kidding?" And the interviewer replies, "Yeah, but you started it."



June Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Hurricane Season Begins	2
3	4	5	6 World Environment Day 	7 First Day ice cream sold in USA in 1786	8	9
10	11	12	13	14 Flag Day 	15	16 National Fudge Day – Enjoy a Hot Fudge Sundae!
→						
17 Fathers Day  (CLOSED)	18	19	20 First Day of Summer 	21	22	23
24	25	26 Toothbrush invented in 1498 	27	28	29	28 Meteor Day 



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