



Frosty Frog Creamery & Café's

Hickory Flat Times

The **OFFICIAL NEWSLETTER** of the Frosty Frog Creamery & Café V.I.P. Club

www.frostyfrogcreamery.com

Volume 4, Issue 2 – February 2010

Welcome!

to Frosty Frog Creamery & Café's **Royalty Rewards V.I.P. Club** and the ***Hickory Flat Times Newsletter!***

We want February to be a fun month! Almost everyone is tired of the cold weather and is anxious for spring like weather to get here. Even if the ground hog sees or does not see his shadow, spring is still at least a month away, so we are heating things up at Frosty Frog to have some fun while we wait for spring!

We will start the month off with giving away our **GOLD COIN** certificates to be redeemed in March...more discounts, more gift certificate give aways, and more prizes! Look for the article on page 2. PLUS we are going all out for **Valentines** this year and converting our Private dining room into a fine dining room for you to enjoy a Valentines dinner with your special someone. Once Valentines has passed, we may as well 'let the good times roll' with a **Mardi Gras** celebration on Fat Tuesday. Special menu offerings for both!

As always, we want to know what **YOU** our terrific guests and friends have to say about everything that we do...If you have comments you can tell us directly, email us: frostyfrog@frostyfrogcreamery.com, or go to our website, and enter your comment in the 'Frog Blog'; or respond to our Royalty Rewards surveys. Thank you for allowing us to serve YOU!

Frank & Glenda Cole

Valentines Dinner Extravaganza!

We will be preparing a special and romantic menu for romance month on February 12 & 13 in our **PRIVATE DINING ROOM** dressed for fine dining. Enjoy a spectacular Valentines meal; all you need to do is make a reservation! Special 4 Course Valentine Table D'hôte Menu, including a glass of sparkling white grape juice upon your arrival, and a rose for the special lady!

menu

- Marinated Shrimp Appertizer
- Crisp Mixed Greens Salad and our special Mango-Pineapple Viniagrette dressing
- Choice center cut 8 oz. Beef Tenderloin Steak fire grilled to perfection
- Lightly sautéed and seasoned Green Bean Almondine
- Exquisitely creamed Russet potatoes with a sour cream and onion infusion
- Coffee and Tea Service
- Chocolate Raspberry Lava Cake or New York style Cheese Cake topped with Cherries for dessert

Reserve now before we are **SOLD OUT!** To ensure that you don't miss out, **call before 2/9/10 and reserve your romantic evening. \$79.99 per couple**

Call 770-704-9340

(Two seatings of 8 tables each evening – 6:00 and 8:00 p.m.)

Mardi Gras

in Hickory Flat!

Laissez les bon temps rouler

(Let the good times roll!)

We probably are not of French extraction, and this certainly is not New Orleans, but we want to

Celebrate **Mardi Gras** at

Frosty Frog Creamery & Café anyway!

On **Fat Tuesday** February 16th, we will be serving a Cajun influenced menu (in addition to our regular fare), playing some Zydeco music, and just having a good time! **Get your FREE Mardi Gras beads** when you show us your Royalty Rewards membership card (or when you sign up)!

Red Beans and Rice with a green salad & Cajun toast
\$7.99

Chicken Gumbo soup, green salad & Cajun toast
\$6.99

Thanks for the kind words!

"The cashier(I think her name was Cindy) made great suggestions regarding food choices and followed up to make sure that we liked what we ordered. She was friendly and very helpful." – Amy Anderson, Canton

"Love the food, service and supporting a great restaurant in our community!" – Barbara Dieter, Canton



Platinum Plate Award '08,'09

Join Our Royalty Rewards program and **SAVE every time** you visit!

Frosty Frog Creamery & Café

6205 Hickory Flat Highway Suite 112 – Canton, GA 30115 – 770-704-9333

"Always a Generous Portion – Always Delicious Taste!"



Around Town
Canton Magazine

Banana Nut Bread

1/2 cup butter
 1 1/2 cups sugar
 2 eggs
 1 cup bananas*, mashed
 1 tsp. vanilla or lemon or both
 2 cups flour
 1/2 tsp. baking soda
 1/4 tsp. salt
 1/2 cup milk
 1/2 cup chopped walnuts

Cream butter and sugar together. Add eggs and beat thoroughly. Add banana pulp and flavorings. Mix in nuts. Mix dry ingredients together and add alternately with milk. Bake at 350 degrees in a greased and floured loaf pan for 1 1/4 hours or until toothpick comes out clean. This recipe doubles and quadruples well.

Funny Bone Facts

Your funny bone isn't a bone at all. It's the spot where a nerve, running from the spinal cord to your hand, stretches across your elbow. It runs between the upper arm bone -- the humerus -- and the forearm bone or ulna, and is called the ulnar nerve. Because it is protected by only a thin layer of skin, bumping the nerve causes a tingling sensation in your arm and fingers. That funny feeling is what gave the area its name.

Setting the Table for Romance

Cutco Cutlery offers this menu of romantic foods to make for your loved one on Valentine's Day:

Breakfast ~ fresh squeezed ruby-red orange or grapefruit juice; heart-shaped pancakes or French toast spread with honey butter.

Lunch ~ a salad with hearts of palm, artichoke hearts, and sliced tomatoes.

Dinner ~ Cheese fondue appetizer, followed by baked Oysters Rockefeller. For dessert, opt for chocolates or a passion fruit confection like vanilla ice cream topped with scoops of passion fruit or passion fruit cheesecake. "Remember that red is the color of the day," Cutco says. "Add succulent strawberries and sweet pomegranates to your meals for extra color and flavor."

Gold Coins!

During **February** we will be giving away **FREE GOLD COINS!!!** Well, not real gold coins, but scratch-off coupons that you can redeem in March for discounts, and some great prizes. The discounts will range from 10 to 20 percent, and the prizes will include **Gift Certificates from Frosty Frog Creamery, and MUCH MORE!!!**

This is a **scratch-off** on the certificate - **CAUTION !!!** Do **NOT** scratch off until you visit us in March, or the certificate is **INVALID !!** Collect as many as you can and redeem them in March for discounts and **GREAT Prizes!!!** GOLD...gold...GOLD !! **Catch the FEVER!!**



Frosty Frog Creamery & Café's **GOLD COINS!**

KEEP THIS VALUABLE 'COIN' IN A SAFE PLACE!

Redeem your gold coin for **SUPER DISCOUNTS** Or a **GREAT Prize** at Frosty Frog Creamery & Café

COLLECT THEM DURING FEBRUARY
REDEEM THEM DURING MARCH 2010

SUPER BOWL '44' PLATTER SPECIALS

How to Feed Your Group for as little as **\$5.00 per person**

LET US PREPARE THE FOOD FOR YOUR SUPER BOWL PARTY!

Snax Platter - 1 Pint of Our famous cheese spread & Crackers, plus 24 'Pigs in a Blanket' w/ spicy mustard, **(Feeds 6-8) \$39.99**

Sandwich Platter - 10 sandwiches from our menu and 10 bags of Miss Vickie's Chips **(Feeds 10 or more) \$69.99**

Chili Bowl 44 - 4 quarts of our 'Home made' Chili, toppings (cheddar cheese, diced onions, sour cream) & crackers **(Feeds 10 or more) \$79.99**

All platter orders must be placed before 3:00 pm 2/6/10

2-10

Newsletter Reader Coupon

This coupon is **ONLY** for those of you who read the Hickory Flat Times Newsletter!

Print and use this coupon as many times as you wish during February, 2010. What is the catch you ask? Only one. You must validate it with your Royalty Rewards Number

Enter your Royalty Rewards Number HERE 0101-6310-_____

Buy ONE meal at regular price and get the second meal (of equal or lesser value) at HALF PRICE!



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The First Kiss

No one is certain when the custom of kissing began, but many anthropologists believe that mothers long ago would chew food for their babies, passing it from mouth to mouth. Another theory holds that kissing developed from sniffing, a common practice among many animals and peoples in primitive cultures, some of whom still rub noses as a greeting. Romans kissed each other hello, and some believe they kissed their wives to see if they had been drinking wine. By the sixth century, kissing was an accepted expression of affection. The French introduced kissing as a part of courtship; dances were concluded with kisses.

WANTED!

If one of these Royalty Rewards numbers is yours, please call us! We don't have your name and address associated with your number, and cannot send you your REWARDS CERTIFICATES!

0101-6310-1644-9639
0101-6310-1644-9308
0101-6310-1644-5439

Food as Fuel

It's important to eat if you're going out in cold weather because the process of digestion produces heat. But eat more frequent small meals and snacks, rather than large meals, says dietician Dr. Brenda Braaten, because digesting heavy meals directs blood to your intestine and reduces circulation in your arms and legs.



Hershey's Kisses

Hershey's Kisses, first made in 1907, are so named because the machine that makes them sounds as if it's kissing the conveyor belt. The small chocolates contain 25 calories - roughly the same amount that is supposedly spent in a one-minute romantic kiss. The company can make 33 million of these candies a day.

The Pyramid on the Dollar

Ever wonder why there is a pyramid with an eye on the back of the one-dollar bill? These symbols are taken from the Great Seal of the United States. The pyramid indicates strength and security and is unfinished to signify that the country continues to grow. The all-seeing eye at the top of the pyramid symbolizes divine guidance on behalf of America. The eye was a common sign with Freemasons, a secret, spiritual society that had a strong influence on such Founding Fathers as George Washington, John Hancock, and Benjamin Franklin.

Expired Coupon Amnesty Week!!!

Now is the time to collect all of those expired Frosty Frog Creamery & Café coupons and bring them in! We will be accepting ANY expired coupon beginning **Sunday Feb. 14 thru Saturday Feb. 20**. What a GREAT DEAL!!

Sealed with an X

The tradition of sending kisses by writing Xs on a note dates back to the Middle Ages, when illiterate peasants would sign documents with an X. To emphasize their commitment to what they signed, they would kiss the mark. In time, the X and the kiss became interrelated, and today even literate people use the X to "X"press affection.

KEEP IT! (I love it!) **CAN IT!** (Not for me!)

(circle one)

Name: _____

Address: _____

City, State, Zip: _____

Telephone: _____

We will call you if you win our drawing for **TWO FREE DINNERS** valued up to \$19.99

Frosty Frog Creamery & Café

VOTING RESULTS: Overwhelmingly KEEP IT! (Only one vote to can it!) Watch for Cheese Steak sandwiches to join our regular menu with availability only on certain days!

Congratulations to David Hurt of Milton, GA who wins our drawing for TWO FREE Dinners valued up to \$19.99



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Around Town
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Laughter is the
BEST Medicine

WiFi is FREE at Frosty Frog!



There was an engineer who had an exceptional gift for fixing all things mechanical. After serving his company loyally for over 30 years, he happily retired. Several years later the company contacted him regarding a seemingly impossible problem they were having with one of their multimillion dollar machines.

They had tried everything and everyone else to get the machine to work but to no avail. In desperation, they called on the retired engineer who had solved so many of their problems in the past.

The engineer reluctantly took the challenge. He spent a day studying the huge machine. At the end of the day, he marked a small "x" in chalk on a particular component of the machine and stated, "This is where your problem is".










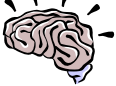

The part was replaced and the machine worked perfectly again.

The company received a bill for \$50,000 from the engineer for his service. They demanded an itemized accounting of his charges.

The engineer responded briefly: One chalk mark \$1 Knowing where to put it \$49,999 It was paid in full and the engineer retired again in peace.

The true test of intelligence is not how much we know how to do, but how we behave when we don't know what to do. - John Holt

February Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Ground Hog Day 	3	4 Thank a Mailman Day 	5	6
7 Send a Card to a Friend day 	8	9	10 Umbrella Day 	11	12 Valentines Day Special Dinners Reserve your Table NOW!	13 Valentines Day Special Dinners Reserve your Table NOW!
14 Valentines Day 	15 Presidents Day 	16 Mardi Gras Specials	17	18	19	20 National Cherry Pie Day 
Expired Coupon Amnesty Week – We will Honor ANY expired Frosty Frog Creamery & Café Coupon!						
21	22 George Washington's Birthday 	23	24 National Tortilla Chip Day 	25	26	27 No Brainer Day 
28 National Tooth Fairy Day 						



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