



Frosty Frog Creamery & Café's

Hickory Flat Times

The **OFFICIAL NEWSLETTER** of the Frosty Frog Creamery & Café V.I.P. Club

www.frostyfrogcreamery.com

Volume 3, Issue 12 – December 2009

Welcome!

to Frosty Frog Creamery & Café's **Royalty Rewards V.I.P. Club** and the **Hickory Flat Times Newsletter!**



Merry Christmas!

December...the last month of the year, the beginning of winter, and one of the very best months for the young and the young at heart! The Holiday Season is in full swing, stores and homes are decorated for the season, radio stations play seasonal music at least a few times each day, and greeting cards to and from friends and relatives fill our mail boxes. And, with the ending of the year it is a time for reflection on the events that made 2009 the year that it was.

A milestone for us will be December 20th; marking the **ONE YEAR** anniversary of our move into our present location! What a year it has been! We have been blessed by you, our customers and guests, with continued support throughout the year. Your comments and suggestions have helped us in so many ways. As a promise to you, we will continue to work hard to serve you the very best that we can, and make our restaurant a fun place for every one of you to enjoy!

Glenda and I along with the staff at Frosty Frog Creamery & Café extend to you and your families the warmest of wishes for the holidays and the New Year! We have enjoyed seeing and serving you during 2009 and are looking forward to 2010, when we hope to get to know you better. This community is a wonderful place to live and work.

Our special events room is available for events, parties, meetings, church or club functions, and almost anything else. Talk to a member of our staff to see if the date you need for your event is available! We would love to make your event memorable, and let you leave the work to us so you can enjoy YOUR event!

As always, we want to know what **YOU** our terrific guests and friends have to say about everything that we do...If you have comments you can tell us directly, email us: frostyfrog@frostyfrogcreamery.com, or go to our website, and enter your comment in the 'Frog Blog'; or respond to our Royalty Rewards surveys. Thank you for allowing us to serve YOU!

Frank & Glenda Cole

No Peeking \$5,000 Giveaway



Back by popular demand, our **"No Peeking"** Christmas Envelopes were a **HUGE** hit last year...we gave away **OVER \$2500.00** in **FREE FOOD**, and **\$150.00** in Frosty Frog Creamery & Café Gift Certificates...and this year we're increasing the kitty with a total of **\$5,000 in prizes to be given away!** There will be more discounts, more gift certificates and **THREE MYSTERY GIFTS – VALUED AT OVER \$100.00 EACH!** Every time you join us in December you will be given a sealed **NO PEEKING** envelope with your receipt.

Just Remember - No Peeking!

You can't open it until you return to us in January...and you must open it in front of your server then your secret prize will be revealed...ooh the suspense!



40TH WEDDING ANNIVERSARY SPECIAL

On December 12, 1969 Glenda and Frank were married...this December 12 will be their 40th wedding anniversary and we want you to help us celebrate!

Bring in this coupon during the week of December 6th thru 12th

Purchase one lunch or dinner valued at \$7.50 or more Take 40% OFF the purchase of a Second Lunch or Dinner of equal or greater value!

(EXPIRES 12/12/09 - Not valid with any other coupon or offer!)



Platinum Plate Award '08,'09

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Frosty Frog Creamery & Café

6205 Hickory Flat Highway Suite 112 – Canton, GA 30115 – 770-704-9333

"Always a Generous Portion – Always Delicious Taste!"



Around Town
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We are making **FRESH FUDGE** daily – just for you!
Delicious, creamy, decadent
FUDGE...mmmmmm!

Now Available in Holiday Tins!

(Limited Quantities – Hurry!)

½ pound in a tin \$7.49

1 pound in a tin \$12.99

FUDGE ! FUDGE ! FUDGE ! FUDGE !

Eco-Friendly Wrapping Paper Ideas

Environmental experts point out that recycled and chlorine-free wrapping paper is the best ecological choice, while pointing out that foil or papers with metallic surfaces cannot be recycled.

But they also suggest thinking outside the box with these ideas:

- Wrap presents in materials which would otherwise be discarded, such as old maps, newspapers, magazine pages, and brown bags.
- Place your gift in a cloth bag or a bag made from sturdy paper so it can be reused.
- Opt for baskets or hat boxes as another reusable container. Put kitchen utensils in an oven mitt or wrap in a kitchen towel.
- Hang jewelry, such as bracelets, necklaces, and earrings, directly on the Christmas tree.
- Tie up your packages with reusable raffia, fabric ribbons and bows, shoestrings, and measuring tape.
- Adorn presents with pine cones, fir branches, or holly sprigs.

Kids EAT FREE!*

Monday & Tuesday

5:00 p.m. til closing

On Monday and Tuesday nights with every adult entrée and drink purchased, you will get one **FREE** kid's meal.

***Mom + Dad = two kids eating FREE!**

How To Get ALL of Your Christmas Shopping Done By December 15th .

Sound too good to be true? The perfect gift for anybody of any age is Lunch or Dinner at Frosty Frog Creamery & Café – they are perfect because:

1. They always fit
2. The recipient can share them
3. They are never the wrong color, the wrong model, the wrong style or the wrong...anything!
4. They don't require batteries
5. They aren't loud, bright, or in any way annoying.
6. Requires very little in the way of wrapping
7. They don't require a visit to the mall
8. Everyone eats! And at Frosty Frog Creamery & Cafe, they do it in **STYLE!**

To help you along we have an unbelievable offer for you.....



This unbelievable offer will end on December 15th, so hurry in!

To order gift certificates you can call us **770-704-9333**.

Happy Holidays, and won't it feel **GREAT**

to have your shopping **DONE!**?

Gift Certificates not valid on date of purchase. Bonus Certificates are valid January 1st through March 15th, 2010

Our bakery staff is anxiously awaiting your cake, pie, and pastry orders for the holiday season, and we encourage you to order early to avoid any last minute disappointments! We will be cutting off orders for Christmas on Saturday December 19th.

Thanks for the kind words!

"I got an order to go for me and for my mom and stepfather. I'd never ordered "to go" and was quite impressed with the speed of the service. Also, my parents were first-timers and they thoroughly enjoyed the food. Thanks Frosty Frog - it was the perfect lunch to eat while watching the Falcons game on a Sunday afternoon!" – **Deborah Smith, Woodstock, GA**

"Clean & neat, excellent food, just a great place to enjoy a wonderful lunch!! Would love to see you expand your business into the Midway area of South Forsyth county but will continue to drive the extra miles if you don't." – **Paul Effler, Cumming, GA**

"Excellent as always. My daughter always asks to go to the Frosty Frog when she and her children visit from Florida. It's a special treat for her and for me." - **Tina Cook, Canton, GA**



Platinum Plate Award '08,'09

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Sugar and Spice Cereal Snack

Here's a sweet twist on the original Chex party mix:

- 2 cups corn Chex cereal
- 2 cups rice Chex cereal
- 2 cups apple cinnamon Cheerios cereal
- 3 cups dry-roasted peanuts
- 2 egg whites
- 2 tablespoons orange juice
- 1 cup sugar
- 1 teaspoon cinnamon

Heat oven to 300 Fahrenheit. Grease a lasagna pan. In large bowl, mix cereals and peanuts together. In small bowl, whisk together egg whites, orange juice, sugar, and cinnamon until foamy. Pour over cereal mixture until evenly coated. Spread the mix in the pan. Bake for an hour, stirring every 15 minutes until light brown and crisp. Store in an airtight container.



A Better Sauté

When a recipe calls for sautéing, try using both butter and, say, olive oil, rather than just one or the other. Together, they give you the full, rich flavor of butter and the browning capabilities of olive oil.



Membership is FREE!
A Guaranteed Return
On Every Investment!

Ask About our Royalty Rewards Program Today!

During 2008, our members earned in excess of **\$7500.00 in FREE food!** Over 1000 FREE Birthday meals given to members, and Special Discounts throughout the year! Don't wait any longer – **JOIN TODAY** and begin earning **YOUR FREE FOOD with your next visit!**

Eat Yogurt While on Antibiotics

Antibiotics are wonderfully effective in killing off bacteria that cause illness and infections. Unfortunately, they also destroy the body's normal beneficial bacteria leading to such side effects as diarrhea and yeast infections. To maintain the "good" bacteria and prevent side effects, the Cleveland Clinic recommends eating eight ounces of yogurt with active cultures during each day that you take antibiotics and for another week or two after you have completed the course. Not all brands of yogurt contain active cultures, so read the container carefully.

The Story Behind "Jingle Bells"

Jingle Bells was written in the 1850s by Bostonian James Pierpont. It alluded to the annual sleigh races on the mile-long stretch between the squares in Medford and Malden, towns near Boston. The song was published in 1857. Some music historians say that Pierpont originally wrote it as a Thanksgiving song for a children's church program. Others contend that "Jingle Bells" was quite racy for its time, noting its references to speed racing and courting verses, such as "go it while you're young." These made it unacceptable for church use. Pierpont, the son of a minister, was considered something of a rogue. He died in 1893 before his song became a hit. In 1902, the Hayden Quartet, a barbershop group, recorded it and helped spread its popularity.

Start the Meal with Soup

According to a study by Pennsylvania State University, eating soup as a first course can reduce the overall calorie intake at a meal by as much as 26 percent. "Soup is the ultimate comfort food because it's warm and filling, as well as incredibly flavorful and full of nutrients," the study said. Opt for water based soups such as tomato, vegetable, and broths; as opposed to cream based soups like chowders, bisques, and potato soup.

The Story of the Christmas Tree

The ancient Egyptians and Romans would decorate their homes with evergreens on the winter solstice as symbols of fertility because the trees stayed green even in winter. In the 15th century, Germans made the trees a Christian symbol of rebirth. One legend holds that a missionary came upon a group of pagan Druids circling an oak tree, preparing to sacrifice a young boy. The missionary chopped the tree down and a small fir sprouted in its place. He told the Druids it was a holy tree that represented peace and Christ. Another legend tells of Martin Luther, the protestant reformer, seeing starlight shining through the branches of a fir tree. To duplicate that scene, he brought a fir into his house and decorated it with candles. Over time, other decorations, such as apples, paper chains, and wafers were added.

German immigrants brought their custom to America in the 1820s. In 1841, Prince Albert of Germany presented a Christmas tree as a gift to his wife, Queen Victoria of England, which helped to spread the tradition in England. In 1889, President Benjamin Harrison set up the first tree in the White House.



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Laughter is the
BEST Medicine

WiFi is FREE at Frosty Frog!



Expectations....

There were three fathers to be in a hospital waiting room, waiting for their babies to be born.

The first nurse comes out and tells the first father, "Congratulations you're the father of twins!" He says, "Great! I am the manager for the Minnesota Twins."

The second nurse comes out and tells the second father, "Congratulations you're the father of triplets!" He says, "That's cool! I work for 3M."

The third father opens the window and jumps out.

The third nurse comes out, and asks, "Where's the third father?"

One of the other fathers said, "Oh he jumped out the window."

The nurse asks, "Why?"

He replied, "He works for Seven Up!"



Christmas waves a magic wand over the world, and behold, everything is softer and more beautiful. – Norman Vincent Peale

December Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 National Pie Day 	2	3	4	5
6	7 National Pearl Harbor Remembrance Day	8	9 Ball-Bearing Roller Skates Patented In 1884. 	10	11 Hanukkah begins at sunset	12 Frank & Glenda's 40 th Wedding Anniversary!
13 National Cocoa Day	14	15 Phonograph Patented By Thomas Edison in 1877.	16	17 National Maple Syrup Day 	18	19 Oatmeal Muffin Day 
20 Frosty Frog Creamery & Café - ONE YEAR in our new home!	21 National Hamburger Day 1 st Day of Winter	22	23	24 Christmas Eve 	25 Christmas 	26
27	28 National Chocolate Day 	29	30	31 New Years Eve 		



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